2/20/2023

#DidYouKnow #DYK that 1 in 5 US adults experience mental illness each year?

Be a part of the solution and pledge to #StopStigma: <https://www.nami.org/get-involved/pledge-to-be-stigmafree>.

Check out this #FactSheet about Mental Health in Michigan here: <https://www.nami.org/NAMI/media/NAMI-Media/StateFactSheets/MichiganStateFactSheet.pdf>.

You can find more information on the survey here: <https://www.tinyurl.com/ywmzdzp7>.

#AskListenSupport

