2/24/2023

#DidYouKnow #DYK that, while 20% of US adults experience mental illness each year, 1 in 20 will experience serious mental illness this year?

Be a part of the solution and pledge to #StopStigma: <https://www.nami.org/get-involved/pledge-to-be-stigmafree>.

You can find more information on the survey here: <https://www.tinyurl.com/ywmzdzp7>.

#AskListenSupport

