2/17/2023

More results from the Northern Michigan Behavioral Health Initiative’s Reduce Mental Health Stigma survey. In #NorthernMichigan, the BHI survey found that 60% of participants reported feeling unsafe telling others about a mental illness.

Learn how to support your community and be #StigmaFree by visiting: <https://www.nami.org/get-involved/pledge-to-be-stigmafree>.

You can find more information on the survey here: <https://www.tinyurl.com/ywmzdzp7>. #AskListenSupport #StopStigma

Diagram, text

Description automatically generated