



## WHY DOESN'T EVERYONE HAVE ACCESS TO **HEALTH CARE?**



**LIFE  
BARRIERS**



**HEALTH SYSTEM  
BARRIERS**



**PROVIDER  
BARRIERS**



**TRANSPORTATION  
BARRIERS**



**CARE  
AVAILABILITY  
RESOURCES**



**INSURANCE  
BARRIERS**

## **WHY IS THIS IMPORTANT?**

Access to health care affects a person's health and wellbeing. It can prevent disease and disability, detect and treat illness and conditions; and reduce the likelihood of early death and increase life expectancy.



**NORTHWEST  
COMMUNITY  
HEALTH  
INNOVATION  
REGION**





### HEALTH SYSTEM BARRIERS

- Call to make appointment issues during business hours
- Office closure
- Difficulty navigating health system
- Discomfort with preventative appt
- Services are not available when you need them
- Lack of customer focus by providers
- Limited engagement in preventative care
- Patient toward health care system mindsets/norms, trust
- Lack of providers within distance
- Calling for questions is cumbersome
- Provider shortage
- Limited understanding of preventative care needs



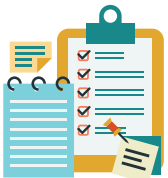
### PROVIDER BARRIERS

- Providers not taking new patients
- Lack of trust with a provider
- Provider doesn't take insurance (particularly dental)
- Hours and availability
- Regional pockets lacking urgent care
- Provider policies about no shows
- Fear of doctors
- Prior negative experiences/bias/ not culturally appropriate
- Specialty not available in our region



### INSURANCE BARRIERS

- Tied to employment
- No employer-sponsored option
- Questions with insurance is challenging to be addressed
- Lack of knowledge of how to sign up for insurance
- High co-pays and deductibles
- Health insurance affordability
- Maternity benefits STD
- Make too much for Medicaid but not enough for private
- Employer has control over plans/ options
- Lack of insurance
- Underinsured



### LIFE BARRIERS

- Priorities not aligned with health
- Prioritizing children or older adults we care for above own
- Competing life priorities
- Education level
- Cost/income levels
- No sick leave to go to appt
- Overwhelmed by life
- Children dependent on caregivers
- Other financial priorities
- Remembering to schedule preventative services



### TRANSPORTATION BARRIERS

- Lack of transportation
- Rural - distance to travel
- Current gas price/inflation
- Limiting bus schedules/time needed to take public transit



### CARE RESOURCES AVAILABILITY

- Provider does not allow family to bring child to appt
- Availability of childcare
- No care resources for an adult/senior/ disabled/other
- Unaffordable childcare