

2024 Northern Michigan Community Health Survey

Informed Consent

This survey is a chance for you to tell us what is most important to you. MiThrive, a collaborative body that brings together cross-sector partners including local health departments and hospitals across the 31 counties of Northern Lower Michigan, is working to improve the health of communities in these counties by collecting data, identifying key issues, and bringing people together for change.

What is important to the community? What resources and strengths does the community have that can be used to improve community health?

Instructions: This survey will take about 15 minutes to complete. Please select the best answers for each question.

Consent: Your participation in this survey is completely voluntary. Your answers are confidential. The survey data will be managed by MiThrive staff. Your answers will not be used to identify who you are. You are free to skip any question and stop taking the survey at any time. The information you provide will not be used for a discriminatory purpose and there is minimal risk to you for taking the survey.

At the end of the survey, you can choose to be entered into a drawing for a chance to win a \$50 gift card. 31 winners will be chosen (One person per county) - must be 18 or older.

Data Transparency: Data collected will be used in the 2024 MiThrive Community Health Assessment and overall results shared on the Northern Michigan Community Health Innovation Region webpage. Any personal information will be kept confidential.

Translation & Accessibility: *This form is available in Spanish.*

If you require accommodations to complete this survey such as for vision, hearing, or other disabilities, please email us at mithrive@northernmichiganchir.org and we would be happy to assist.

Submission Due Date: This form will close **Friday, September 20th at 11:59 PM**. Please submit your response prior to this time.

Questions and concerns can be emailed to mithrive@northernmichiganchir.org.

Survey Questions

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1) Which county do you live in? () Manistee () Alcona () Alpena () Mason () Antrim () Mecosta () Missaukee () Arenac () Benzie () Montmorency () Charlevoix () Newaygo () Cheboygan () Oceana () Clare () Ogemaw () Crawford () Osceola () Oscoda () Emmet () Otsego () Gladwin () Presque Isle () Grand Traverse () Iosco () Roscommon () Isabella () Wexford () Kalkaska () Other - Write In: () Lake

community to be considered "thriving"? Please select up to five options. [] Healthy food [] Jobs that pay well and a strong economy [] Safe housing that does not cost too much [] Clear air, water, and land [] High quality medical care [] Community members who are helping out and getting involved in the community [] Access to general medical care [] Lifelong learning [] Access to specialty medical care [] Schools with plenty of resources [] Help for mental health and emotions [] Transportation that you can count on [] Parks and green spaces [] Fun events that show different kinds of [] Safe and reliable childcare art and culture [] A strong sense of community among [] Being accepted as part of the community residents [] Low levels of crime [] Stopping people from getting sick [] Police, fire/rescue, and emergency [] Helping people with long term sickness services feel better [] Ease of use for people with physical [] Being safe from harm and violence and/or mental disabilities [] Low substance use or drug use (alcohol, [] Other - Write In: marijuana, tobacco, e-cigarettes, opioid, and narcotic-use) [] Jobs that make people happy and proud

2) In the following list, which five assets do you think are the most important factors for a

3) Please indicate how strongly you agree or disagree with each of the following statements. Please select <u>one</u> option per statement (Continued on the next page).

	Strongly Agree	Agree	Disagree	Strongly Disagree	I don't know
My community is a safe place to live.	()	()	()	()	()
My community is a good place to raise children.	()	()	()	()	()
My community is a good place to grow old.	()	()	()	()	()

There are enough jobs in my community that pay well.	()	()	()	()	()
People in my community have good jobs that pay enough.	()	()	()	()	()
My community has enough access to healthy food that doesn't cost too much.	()	()	()	()	()
There is enough housing available in my community that doesn't cost too much.	()	()	()	()	()
There are housing and support services available for older adults in my community.	()	()	()	()	()
My community has safe drinking water and clean air.	()	()	()	()	()
There are enough parks and other places for fun and physical activity in my community.	()	()	()	()	()
There is a strong sense of community among the people where I live.	()	()	()	()	()
I feel welcomed and accepted by the other people in my community.	()	()	()	()	()
There are no problems with discrimination or negative attitudes/behaviors/thoughts in my community based on race, gender, income, or other factors.	()	()	()	()	()

4) In the following list, what do you think are the three most concerning medical conditions impacting your community? Please select up to <u>three</u> options.

[] Aging problems (e.g., arthritis,	[] Liver disease		
hearing/vision loss, etc.)	[] Issues during pregnancy or giving birth		
[] Alzheimer's disease/dementia	[] Mental and/or behavioral diseases		
[] Cancer	[] Pneumonia/ Flu		
[] COVID-19	[] Respiratory/lung disease (such as asthma		
[] Diabetes	and COPD)		
[] Heart disease and stroke	[] Sexually transmitted infections (STIs)		
[] High blood pressure	[] Substance use disorders (SUDs)		
[] HIV/AIDS	[] Injuries due to accidents		
[] Infant death	[] Obesity		
[] Infectious diseases (e.g., hepatitis, tuberculosis, etc.)	[] Other - Write In:		
[] Kidney disease			

5) In the following list, what are the three most important concerns within your community that should be addressed? Please select up to <u>three</u> options (Continued on the next page).

[] Aging problems (e.g., arthritis,	[] Firearm-related or gun-related injuries		
hearing/vision loss, etc.)	[] Not enough mental health services		
[] Child abuse/neglect	[] Motor vehicle/traffic accidents		
[] Not enough oral/dental healthcare services	[] Lack of usable parks and green spaces		
[] Domestic and sexual violence	[] Not enough healthy foods		
[] Lack of good jobs that pay enough	[] Not enough options for transportation		
[] Homicide, or people ending the lives of other people	[] Lack of transportation that is safe and doesn't cost too much		
	[] {Lack of good mental health services}		
[] Discrimination or negative attitudes/behaviors/thoughts based on race,	[] Lack of good schools and education		
gender, income, or other factors	[] Not enough available options for housing		
[] High quality medical care	[] Lack of housing that is safe and doesn't		
[] Access to general medical care	cost too much		
[] Access to specialty medical care	[] Lack of good internet access		
[] Not enough substance use disorder	[] Not enough arts and culture		
(SUD) services	[] Police, fire/rescue, or emergency services		
[] Suicide, or people ending their own lives	[] Trouble managing chronic or long-term		
[] Teenage pregnancy	health issues		
[] Not enough maternal care services	[] Sense or of community		
[] Pollution (bad air and water quality)	[] Other - Write In:		
[] Not enough educational opportunities			

6) Please indicate whether you think you have easy access (or the ability to find and receive services) to each of the following. Please select <u>one</u> option per statement.

	Yes, I have easy access	No, I do not have easy access	Does not apply to me
Health information from a source I trust	()	()	()
Family planning services	()	()	()
Good food that doesn't cost too much	()	()	()
Health services for children	()	()	()
Immunizations/Vaccinations	()	()	()
Mental health services	()	()	()
Oral/dental health services	()	()	()
Prenatal care/health care for pregnancy	()	()	()
Primary care services	()	()	()
Sexual health testing and treatment	()	()	()
Services for those with substance-use or drug-use issues	()	()	()
Housing services	()	()	()
Childcare services	()	()	()
Services or care for people with dementia	()	()	()
Supports for the health and wellness of caregivers	()	()	()
Broadband access	()	()	()

would benefit you? Please select <u>all</u> options the			
[] Housing	[] Substance-use Services		
[] Food	[] Dental Health		
[] Transportation	[] Internet (broadband, satellite, etc.)		
[] Mental Health	[] Language or translation services		
[] Financial Support	[] I feel there are enough services and		
[] Domestic Violence Services	resources in my community		
[] Education	[] Other - Write In:		
[] Primary Care			
[] Childcare			
8) Which of the following factors do you experhealth care services? Please select <u>all</u> options t			
[] Cost of healthcare (premiums, deductible, copay)	[] Specialty services are located too far away from your area		
[] Difficulty getting an appointment due to	[] Not accepting your insurance		
your provider not having enough available timeslots	[] Pharmacies regularly do not have your prescription/medication		
[] No appointment times that fit your	[] Costs of prescriptions or medications		
schedule (day/night/weekends etc.) [] Issues with knowing how to use	[] Feeling like healthcare providers are no listening to your concerns		
technology-based scheduling or appointments	[] Too much paperwork before seeing a healthcare provider		
[] Do not have the personal equipment for online appointments or scheduling (no	[] Lack of transportation options		
cellphone/computer, no internet, etc.)	[] Transportation costs too much		
[] Healthcare providers do not speak your native language.	[] Transportation is not reliable		
[] Cannot understand what your healthcare provider is trying to tell you	[] Other - Write In:		
[] Do not trust healthcare providers			
[] Primary services are located too far away from your area	[] I have no barriers		

walk, bike, or roll from one place to another currently prevent you from being more acti- that apply to you.	c. Do any of the following issues we in your community? Please select <u>all</u> options	
[] Sidewalks	[] Low ease of use for people with disabilities	
[] Walkable paths, trails, or walkways		
[] Bike lanes	[] Living a great distance from places in my community	
[] Greenspaces (parks, etc.)	[] Feeling unsafe in my community	
[] Direction signs (street signs, etc.)		
[] Recreation facilities	[] Lack of maintenance on paths/trails/roads (snow clearing, etc.)	
[] Affordable physical activity programs	[] Other - Write In:	
[] Streetlights		
	[] I don't experience any of these	

9) Think about your environment and features of your community, and your ability to run,

walk, bike, or roll from one place to another. Do any of the following issues

10) The following statements describe a person who meets the guidelines for chronic disease prevention. For each statement, please indicate whether you think YOU, in a typical week, have met the guidelines for chronic disease prevention. Please select $\underline{\text{one}}$ option per statement.

	Exceed Expectation	Met Expectation	Did Not Met Expectation
Eat 1.5–2 cups of fruits per day and 2-3 cups of vegetables per day	()	()	()
At least 150 minutes of physical activity a week (ex. 30 minutes a day for 5 days a week)	()	()	()
Sleep at least 7 hours each night	()	()	()
Free from daily stress and depression	()	()	()
Free from self-harm and suicidal thoughts	()	()	()
Receive routine screenings every year (annual physical, etc.)	()	()	()
Have good overall health	()	()	()

11) Please indicate how frequently you use any of the following substances (Continued on the next page).

	Currently use this substance (within the past 12 months)	Formerly used this substance (any-time before the last 12 months)
Tobacco-use (commercial cigarettes or chewing tobacco, etc.)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)
E-cigarette (vape, etc.)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)
Excessive Alcohol (eight or more drinks for women, or 15 or more drinks for men during a week)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)
Binge Drinking Alcohol (four or more drinks for women, or five or more drinks for men during an occasion)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)
Marijuana-use (smoking, edibles, etc.)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)

cocaine, crack, crystal meth, heroin, smack, PCP, LSD, etc.)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)
Opioids (narcotics, prescribed by a healthcare provider but are not using as prescribed)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)
Opioids (narcotics, not prescribed by a healthcare provider)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)	(Daily) (Several times a week) (Once a week) (1-3 times a month) (Less than once a month) (Never)
2) Thinking broadly, what chan at you believe will affect the langes can include weat esources, and other things.	nealth of your community?	

Demographic Questions

14) Do you represent any of the following populations? Please select \underline{all} options that apply to you.*
[] Amish
[] Native/tribal populations
[] Migrant/farm worker
[] Senior (Over the age of 60)
[] Low income/ financially struggling
[] Homeless or unhoused
[] Have one or more disabilities
[] Have grade-school-aged children or younger
[] Have children that are older than grade-school age
[] Have a mental illness (ex. anxiety, depression, etc.)
[] Have a substance-use disorder (ex. alcohol, marijuana, opioid-use, etc.)
[] Currently serve or have served in the military
[] LGBTQ+ Community
[] Provider/ Healthcare Staff
[] No, I am not one of the above
[] Prefer not answer
15) What is the five-digit zip code of the area in which you live?*

spent for work, travel, or fun.*	
() Alcona	() Manistee
() Alpena	() Mason
() Antrim	() Mecosta
() Arenac	() Missaukee
() Benzie	() Montmorency
() Charlevoix	() Newaygo
() Cheboygan	() Oceana
() Clare	() Ogemaw
() Crawford	() Osceola
() Emmet	() Oscoda
() Gladwin	() Otsego
() Grand Traverse	() Presque Isle
() Iosco	() Roscommon
() Isabella	() Wexford
() Kalkaska	() Other - Write In:
() Lake	
() Leelanau	
17) What is your age in years?*	
18) What kind of health insurance(s) do you l you. *	have? Please select <u>all</u> options that apply to
[] Medicaid and Healthy Michigan Plans	[] Uninsured
[] Medicare	[] Unknown
[] Individual or family insurance purchased on the exchange or marketplace	[] Other - Write In:
[] Employer-sponsored insurance	[] Prefer not to answer

16) Which county do you spend most (over 51%) of your time in? This could include time

19) Which of the following best describes you? Please select <u>all</u> options that apply to you.*		
[] Asian [] Asian American	[] Native American/ Indigenous/ Alaska Native	
[] African	[] Native Hawaiian/Pacific Islander	
[] Black or African American	[] White/ European	
[] Hispanic or Latino/a/x	[] Prefer not to say	
[] Middle Eastern/ North African	[] Prefer to self-describe:	
20) What is the highest level of education to	hat you have achieved?*	
() Did not finish high school	() 2-year (Associate's) degree	
() High school graduate or GED	() 4-year (Bachelor's) degree	
() Some college, no degree	() Graduate or professional degree	
() Trade school diploma or certificate	() Prefer not to answer	
21) What is your yearly total household inc	come?*	
() Less than \$10,000	() \$70,000 to \$79,999	
() \$10,000 to \$19,999	() \$80,000 to \$89,999	
() \$20,000 to \$29,999	() \$90,000 to \$99,999	
() \$30,000 to \$39,999	() \$100,000 to \$149,999	
() \$40,000 to \$49,999	() Over \$150,000	
() \$50,000 to \$59,999	() Prefer not to answer	
() \$60,000 to \$69,999		
22) Including yourself, how many people li	ve in your household?	
()1	()5	
()2	()6	
()3	() 7 or more	
()4	() Prefer not to answer	

23) Do you identify as having a disability?		
() Yes		
() No		
() Prefer not to answer		
24) Select all options that you would use to d	escribe your disability:	
[] Blind or Low Vision		
[] Deaf or Hard of Hearing		
[] Mental Health Disability		
[] Intellectual or Developmental Disability		
[] Traumatic Brain Injury		
[] Autism Spectrum Disorder		
[] Physical disability or Mobility Impairment		
[] Prefer not to say		
[] Prefer to self-describe:		
25) How do you identify your gender?		
() Female	() Prefer to self-describe:	
() Male		
() Non-binary		
() Transgender	() Prefer to not answer	
26) What is your sexual orientation?		
() Straight/ Heterosexual		
() Gay		
() Lesbian		
() Bisexual		
() Other - Write In:		
() I prefer not to answer		

Provider/Healthcare Staff Questions

Please only fill out questions 27 through 32 if you identified as a Provider/Healthcare Staff on Question 14. Otherwise, please skip to page 19. Thank you!

27) Do you provide direct care or services for clients or patients?		
() Yes		
() No		
() Prefer not to answer		
28) What health system, organization, or entity do you work for? Please avoid using abbreviations in your response.		
29) What is your primary role as a healthcare provider? Please select only the $\underline{\text{one}}$ option that best fits your role.		
() Clinical social worker		
() Doctor of medicine or osteopathy (MD or DO)		
() Pharmacist		
() Physician's assistant (PA)/Nurse practitioner (NP)		
() Dental hygienist		
() Dietitian		
() Community health worker		
() Chiropractor		
() Nurse (RN, CNA, BSN, etc.)		
() Clinical psychologist		
() Podiatrist		
() Dentist		
() Optometrist		
() Physical therapist (PT)/Occupational therapist (OT)/Speech-language pathologist		
() Other - Write In:		

		[] Hashary
	[] Emergency care	[] Urology
	[] Primary care	[] Anesthesiology
	[] Pediatrics	[] Radiology
	[] Dental	[] Pathology
	[] Preventative medicine/public health	[] Orthopedics
	[] Mental health	[] Dermatology
	[] Behavioral health	[] Cardiology
	[] Surgery	[] Gastroenterology
	[] Substance use services	[] Pulmonology
	[] Obstetrics and Gynecology	[] Endocrinology
	[] Family medicine	[] Infectious Diseases
	[] Internal medicine	[] Oncology
	[] Neurology	[] Allergy/Immunology
	[] Psychiatry	[] Other - Write In:
	[] Otolaryngology (ENT)	
31) A	pproximately what percentage of the patient	s you serve are on Medicaid?
() 0-	15%	
	30%	
() 16	-3070	
() 16() 31		
()31		
() 31 () Mo	-50% ore than 50% What issues are you seeing in your comn	nunity that are not reflected in other areas of this
() 31 () Mo	-50% ore than 50% What issues are you seeing in your comn	nunity that are not reflected in other areas of this
() 31 () Mo	-50% ore than 50% What issues are you seeing in your comn	nunity that are not reflected in other areas of this

Thank You!

Thank you for your time and energy to complete this survey.	
Please fill out the section below to be entered for a chance to win a \$50 gift card.	
Your personal information will not be connected to your survey responses.	
Thank you for participating in the 2024 Northern Michigan Community Health Survey, conducted by MiThrive.	
Now that you have completed the survey, you can choose to be entered into a drawing for a chance to win a \$50 gift card. 31 winners will be randomly chosen (One person per county) - must be 18 or older.	
Drawing entries are not connected to the information that you submitted into the survey, and the information you submitted will remain anonymous if you decide to enter this drawing.	
Drawing for the gift cards will occur after the close of the survey on September 20th, 2024. Winners will be contacted by phone and email.	
Only one entry per person.	
1) What is your first and last name?	
2) What is your phone number?	
3) What is your email address?	
4) Are you interested in being contacted for more opportunities to contribute to the health of your community? () Yes	
() No	