MiThrive Regional Issue Brief

2024

Alcona, Alpena, Cheboygan, Crawford, Iosco, Montmorency, Ogemaw, Oscoda, Otsego, Presque Isle, and Roscommon counties

NORTHEAST COMMUNITY HEALTH INNOVATION REGION | **mi***thrive*

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MiThrive Data Platform   MiThrive Video   Subscribe to Newsletter
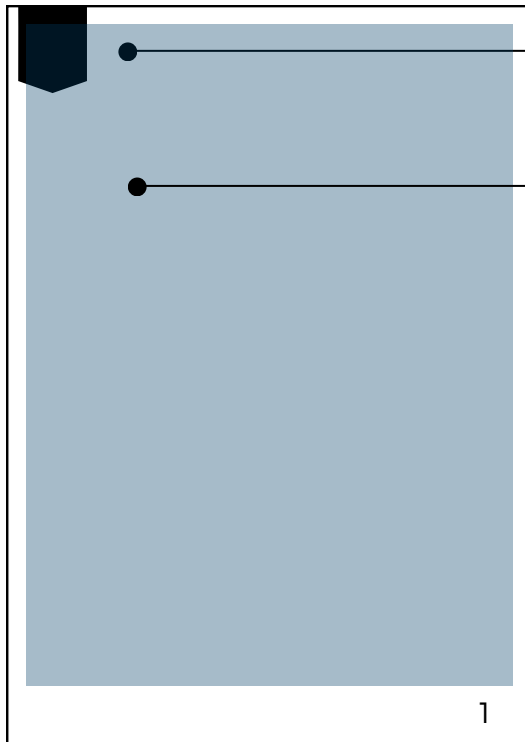
NAVIGATION GUIDE

Use this helpful navigation guide to aid in your understanding of the layout of each **theme**. Each **theme** explores up to three types of data across two pages: **CPA Data, CSA Data** (Primary & Secondary), and **CCA Data** (if available). The **Topic Scores** are located on the bottom of the second page.
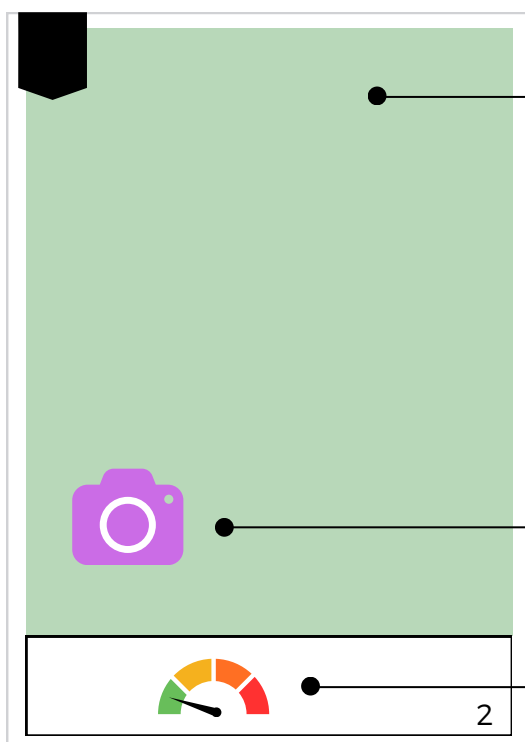
Theme Icon: Indicates the theme of a particular section.

Community Partner Assessment Data (CPA): Data collected from community partners that looks at individual systems, processes, and capacities; and collective capacity as a network of community partners to address health inequities.

Community Status Assessment Data (CSA): Quantitative data (primary and secondary) on the status of communities from trusted local, state, and national sources.

Community Context Assessment Data (CCA): Qualitative photographic data by way of photos and captions. You can find additional CCA Data in a digital flipbook HERE.

Topic Score: Every secondary indicator is given a score based on trends over time and comparisons to the state, national, and health people targets. The indicators were combined into topics and the indicator scores were averaged to get a topic score. On a scale of 0 to 3, topics with a score of 0 displays lower prioritized issues and a score of 3 displays higher prioritized issues.

More Info: Click on the icons below to learn more about the MiThrive and to receive our newsletter!
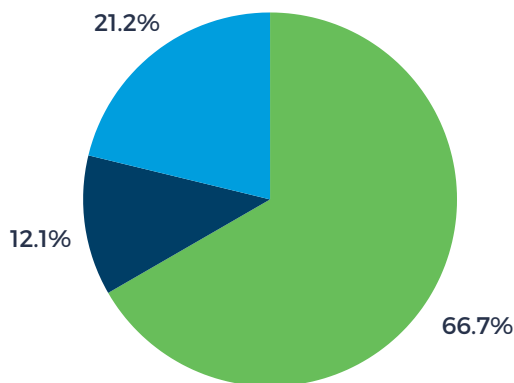
MiThrive Data Platform   MiThrive Video   Subscribe to Newsletter

Access to Health Care

MITHRIVE REGIONAL ISSUE BRIEF

Access to quality healthcare services is essential for disease prevention, early detection, and effective treatment, improving overall health and increasing life expectancy.
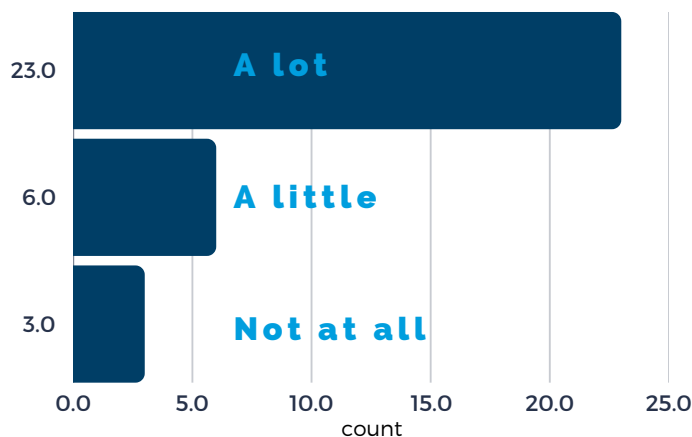
21.2%

12.1%

66.7%

PERFORMS ACCESS TO CARE

22 agencies (66.7%) currently perform Access to Care: My organization provides healthcare and social services to individuals or works to ensure equitable access and an effective system of care and services. This is compared to 4 (12.1%) that "want to" and 7 (21.2%) that "do not."

FOCUS ON HEALTHCARE ACCESS & QUALITY

23 (71.9%) agencies focus a lot on Healthcare Access and Quality, which is the connection between people's access to and understanding of health services and their own health. This includes issues such as access to healthcare, access to primary care, health insurance coverage, and health literacy.

	A lot	23.0
6.0	A little	
3.0	Not at all	

count
0.0   5.0   10.0   15.0   20.0   25.0

ORGAN TRANSPLANT GROUP

"This is photo of members of my Organ Transplant Group of N. MI which I founded in 1997. We meet bi-monthly at the Otsego County Library. This group is to enhance the lives of all Organ Recipients and encourage those waiting for one. We help each other through life's difficulties and good times that may appear after a transplant. A helping hand so to speak."

58.1%
18 ·agencies have actively worked on health insurance/Medicare/Medicaid in the past year.

77.4%
24 ·agencies have actively worked on healthcare access/utilization in the past year.

41.9%
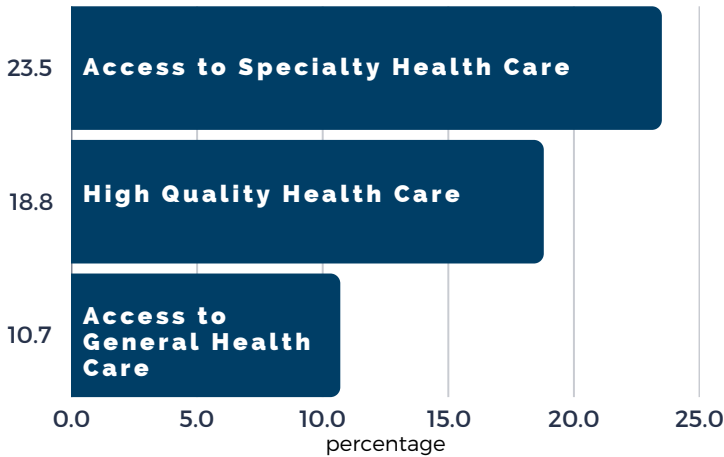13 agencies have actively worked on infectious disease in the past year.
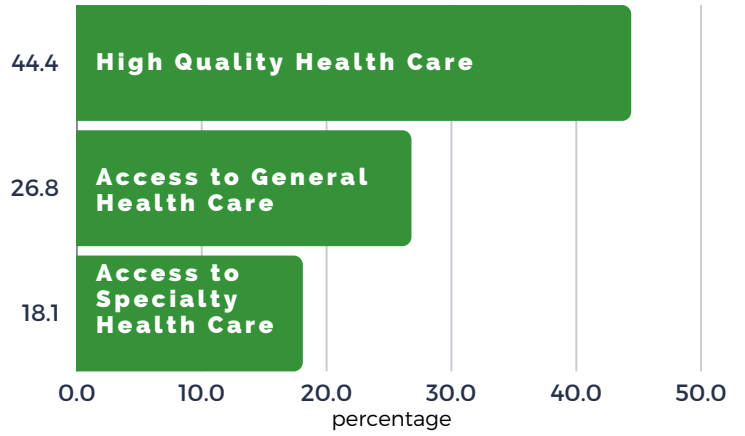
QUESTIONS?

Questions about this report can be emailed to mithrive@northernmichiganchir.org.

MOST IMPORTANT FACTORS

Responses to "In the following list, which five assets do you think are the most important factors for a community to be considered thriving?" (n=1244)

Factor	Percentage
High Quality Health Care	44.4
Access to General Health Care	26.8
Access to Specialty Health Care	18.1

percentage

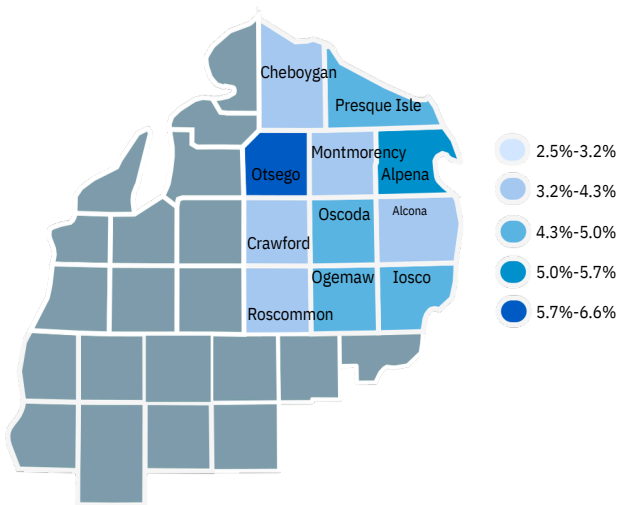| Factor	Percentage
Access to Specialty Health Care	23.5
High Quality Health Care	18.8
Access to General Health Care	10.7

percentage

MOST IMPORTANT CONCERNS

Responses to "In the following list, what are the three most important concerns within your community that should be addressed?" (n=1244)
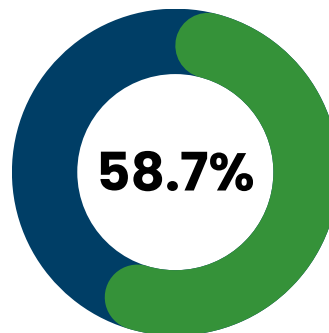
EASY ACCESS STATEMENTS

Responses to "Please indicate whether you think you have easy access (or the ability to find and receive services) to each of the following." (n=1244)

Services	Yes	No	N/A
Health information from a source I trust	74.7%	19.5%	5.8%
Family planning services	26.9%	9.6%	63.5%
Health services for children	34.7%	11.1%	54.1%
Immunizations/ Vaccinations	89.8%	3.5%	6.7%
Prenatal/pregnancy care	25.0%	7.2%	67.7%
Primary care services	74.9%	20.9%	4.2%

ADULTS WITHOUT HEALTH INSURANCE

Cheboygan
Presque Isle
Montmorency
Otsego
Alpena
Oscoda
Alcona
Crawford
Ogemaw
Iosco
Roscommon

- 2.5%-3.2%
- 3.2%-4.3%
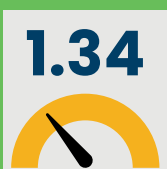- 4.3%-5.0%
- 5.0%-5.7%
- 5.7%-6.6%

Data Source: CDC Places 2022

58.7%

"SAY SPECIALTY SERVICES ARE LOCATED TOO FAR AWAY FROM YOUR AREA."

Response to "Which of the following factors do you experience that make it harder for you to use health care services?" (n=1244)

TOPIC SCORE & BLURB SPACE

1.34

On a scale of 0 to 3, topics with a score of 0 displays lower prioritized issues and a score of 3 displays higher prioritized issues.
This is compared to NCCHIR: 1.46 | NWCHIR: 1.25

Broadband

MITHRIVE REGIONAL ISSUE BRIEF

High-speed internet access improves health outcomes by enabling telemedicine, enhancing educational and economic opportunities, and fostering social connections, all of which contribute to overall well-being.
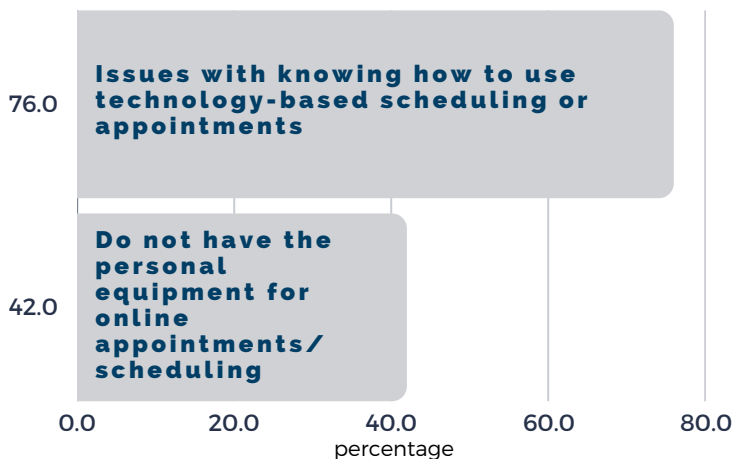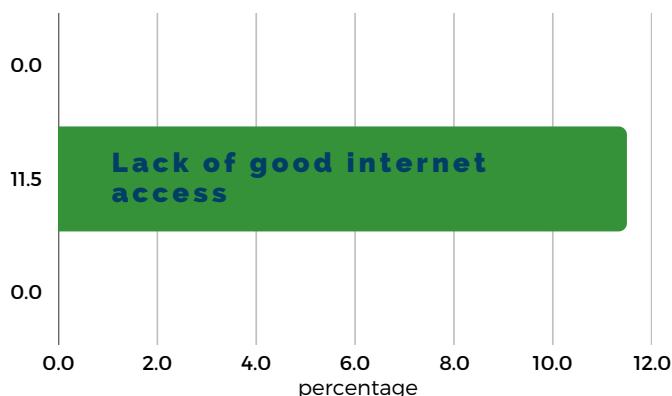
40.6%

59.4%

UTILITIES

13 (40.6%) agencies actively engage with utilities more than once in the last year.

MOST IMPORTANT CONCERNS

Responses to "In the following list, what are the three most important concerns within your community that should be addressed?" 11.5% responded "lack of internet access." (n=1244)

0.0

11.5   Lack of good internet access

0.0

0.0   2.0   4.0   6.0   8.0   10.0   12.0
percentage

76.0   **Issues with knowing how to use technology-based scheduling or appointments**

42.0   **Do not have the personal equipment for online appointments/scheduling**

0.0   20.0   40.0   60.0   80.0
percentage

MOST IMPORTANT FACTORS

Responses to "Which of the following factors do you experience that make it harder for you to use health care services?" (n=1244)

57.4%
Responded **"Yes, I have easy access"** or the ability to find and receive Broadband access.

29.4%
Responded **"No, I do not have easy access"** or the ability to find and receive Broadband access.

13.2%
Responded **"Does not apply to me"** or the ability to find and receive Broadband access.

QUESTIONS?

Questions about this report can be emailed to mithrive@northernmichiganchir.org.

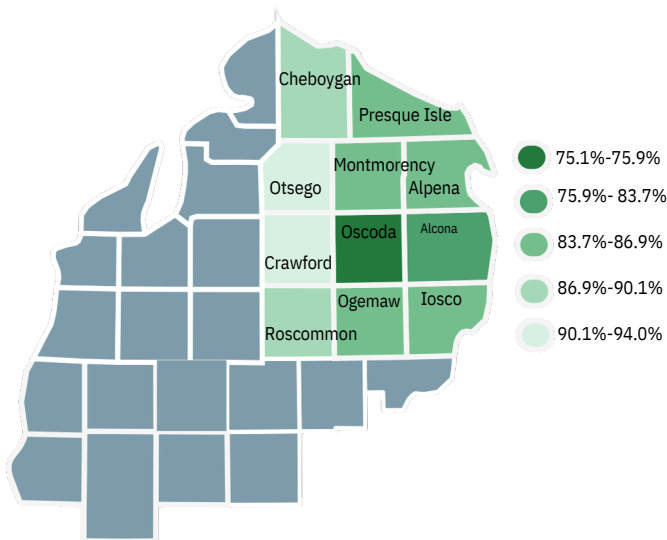NORTHEAST COMMUNITY HEALTH INNOVATION REGION
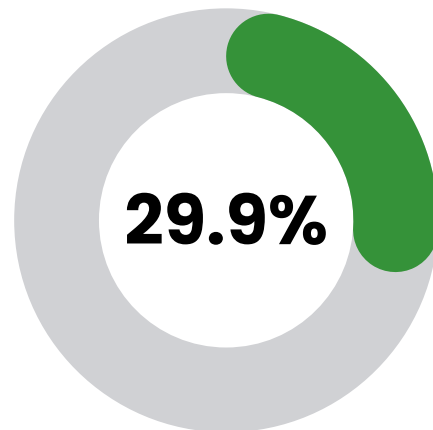
mithrive

3

THUNDER BAY COMMUNITY HEALTH SERVICE

"This is a picture of Thunder Bay Community Health Services in Hillman. We are blessed to have this clinic in our town that helps provide Health Care and other services to local and nearby residents." Thunder Bay Community Health Services has a Patient Portal on their underlined website.

PERSONS WITH AN INTERNET SUBSCRIPTION

- 75.1%-75.9%
- 75.9%- 83.7%
- 83.7%-86.9%
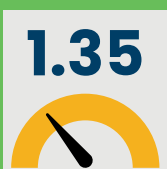- 86.9%-90.1%
- 90.1%-94.0%

Data Source: American Community Survey (2018-2022)

29.9%

SAY INTERNET SERVICES ARE MISSING FROM THEIR COMMUNITIES.

Response to "From the list below, which resources or services are missing in your community that would benefit you?" (n=1244)

1.35

TOPIC SCORE & BLURB SPACE

On a scale of 0 to 3, topics with a score of 0 displays lower prioritized issues and a score of 3 displays higher prioritized issues.
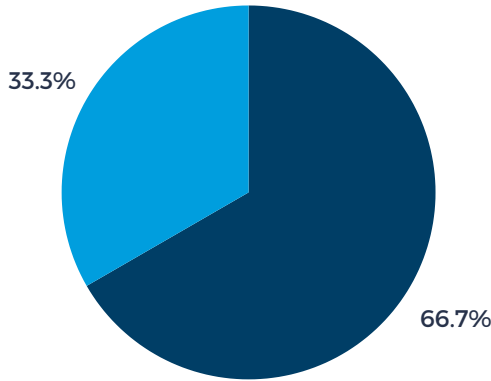This is compared to NCCHIR: 1.58 | NWCHIR: 0.98

Economic Security

MITHRIVE REGIONAL ISSUE BRIEF

Economic stability directly impacts health, as financial hardship limits access to basic needs like healthy food, safe neighborhoods, and healthcare, leading to poorer health outcomes.
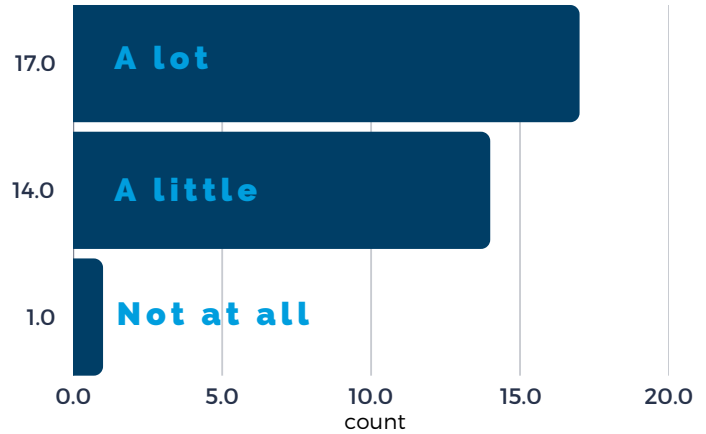

33.3%

66.7%

ACCESS TO SPECIFIC SERVICES

22 agencies (66.7%) provide services specifically for individuals with low income- individuals who fall below the ALICE Household Poverty Level or individuals who fall below the Federal Poverty Level. This is compared to 11 agencies (33.3%) that provide general services.

FOCUS ON ECONOMIC STABILITY

17 (53.1%) of agencies focus a lot on Economic Stability, which is the connection between people's financial resources—income, cost of living, and socioeconomic status—and their health. This includes issues such as poverty, employment, food security, and housing stability.

	count
A lot	17.0
A little	14.0
Not at all	1.0

0.0   5.0   10.0   15.0   20.0
count

ST. VINCENT DEPAUL STORE

"The St Vincent DePaul Store located at 903 Lake St in Roscommon provides a valuable resource to the community. Donations are accepted anytime the store is open and many residents and visitors shop the great bargains available."

40.6%
13 agencies actively engaged with community economic development more than once in the last year.

31.3%
10 agencies actively engaged with economic security more than once in the last year.

25.5%
8 agencies actively engaged with jobs/labor conditions/wages/income more than once in the last year.

QUESTIONS?

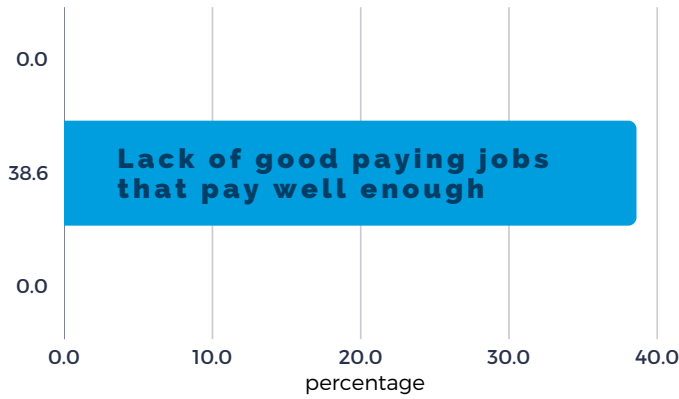Questions about this report can be emailed to mithrive@northernmichiganchir.org.
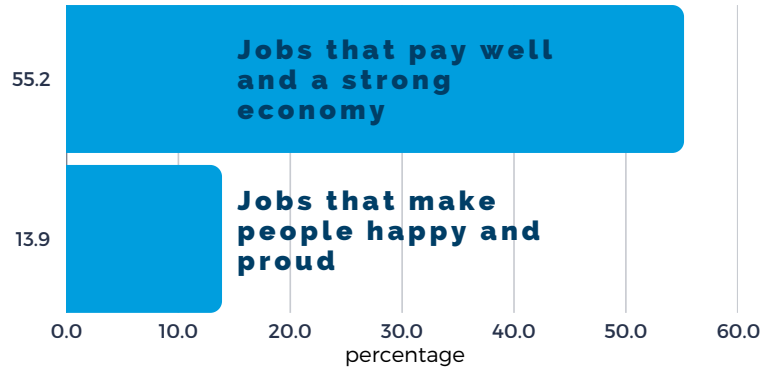
MOST IMPORTANT FACTORS

Responses to "In the following list, which five assets do you think are the most important factors for a community to be considered thriving?" (n=1244)

55.2 — Jobs that pay well and a strong economy

13.9 — Jobs that make people happy and proud

percentage (0.0 – 60.0)

38.6 — Lack of good paying jobs that pay well enough

percentage (0.0 – 40.0)
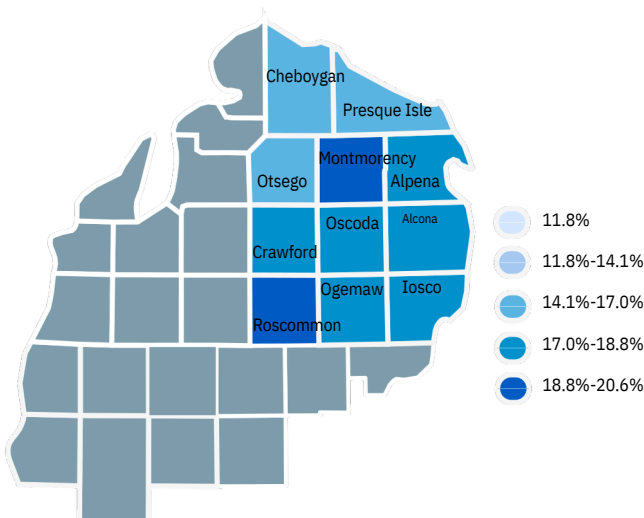
MOST IMPORTANT CONCERNS

Responses to "In the following list, what are the three most important concerns within your community that should be addressed?" (n=1244)
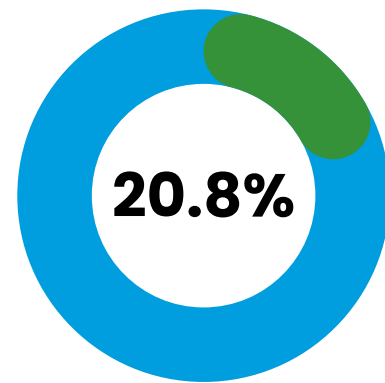
WAGE STATEMENTS

Responses to "Please indicate how strongly you agree or disagree with each of the following statements." (n=1244)

Statement	Strongly Agree	Agree	Disagree	Strongly Disagree	I Don't Know
There are enough jobs in my community that pay well.	1.9%	15.5%	51.2%	26.6%	4.9%
People in my community have jobs that pay enough.	1.6%	17.6%	53.2%	21.3%	6.3%

FOOD INSECURITY RATE MAP

Cheboygan
Presque Isle
Montmorency
Otsego | Alpena
Oscoda | Alcona
Crawford
Ogemaw | Iosco
Roscommon

- 11.8%
- 11.8%-14.1%
- 14.1%-17.0%
- 17.0%-18.8%
- 18.8%-20.6%

Data Source: Feeding America (2022)

20.8%

Response to "From the list below, which resources or services are missing in your community that would benefit you?" 20.8% responded "Financial Support. (n=1244)

TOPIC SCORE & BLURB SPACE

1.74

On a scale of 0 to 3, topics with a score of 0 displays lower prioritized issues and a score of 3 displays higher prioritized issues.
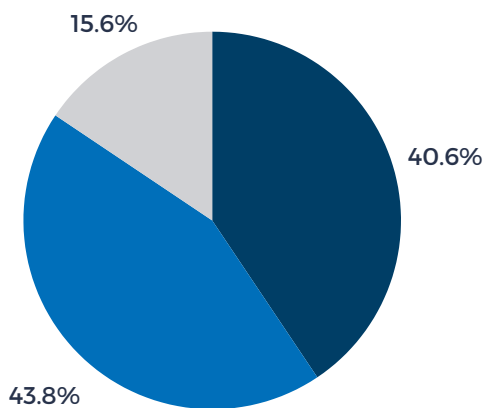This is compared to NCCHIR: 1.76 | NWCHIR: 1.26

MITHRIVE REGIONAL ISSUE BRIEF

Education is a key determinant of health, as higher educational attainment is associated with better health choices, increased access to healthcare, and longer life expectancy.

15.6%

40.6%

43.8%

FOCUS ON EDUCATION

13 agencies (40.6%) focus a lot on Education Access and Services, which is the connection of education to health and well-being. This includes issues such as graduating from high school, educational attainment in general, language and literacy, and early childhood education and development. This is compared to 14 (43.8%) that focus "a little" and 5 (15.6%) that "do not".
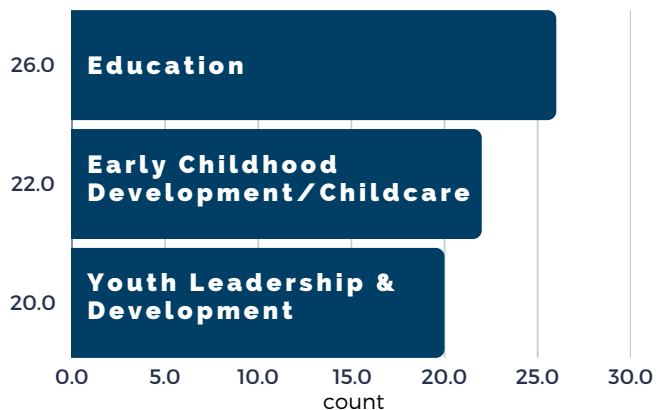
EDUCATION ENGAGEMENT

26 (81.3%) of agencies actively engaged with education more than once in the last year. This is compared to 22 (68.8%) with early childhood development/childcare and 20 (60.5%) with Youth Leadership and development more than once in the last year.

	count
Education 26.0	
Early Childhood Development/Childcare 22.0	
Youth Leadership & Development 20.0	

FAITH-BASED EDUCATION IN ALPENA

"The churches in our communities help us live well by providing a safe place to learn about God and pray for those that need it. Many of the churches here have supplies to help the community such as food pantries, ability to help with one time shelter needs, etc. Immanuel Lutheran Church also has a Christian school attached that offers faith-based education for children PreK to 8th grade."

90.6%

29 agencies **currently perform** Communication and Education.

6.3%

2 agencies **want to** perform Communication and Education.

3.1%

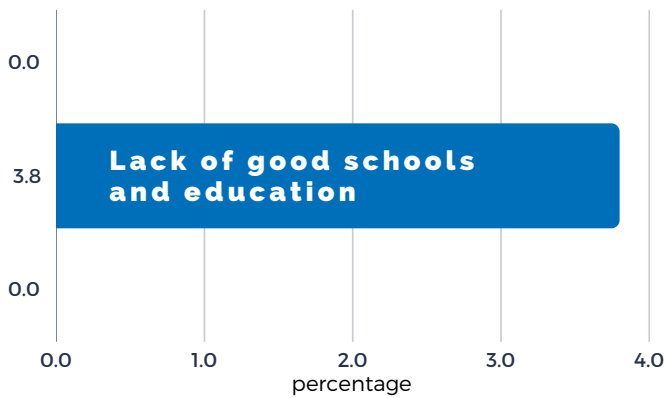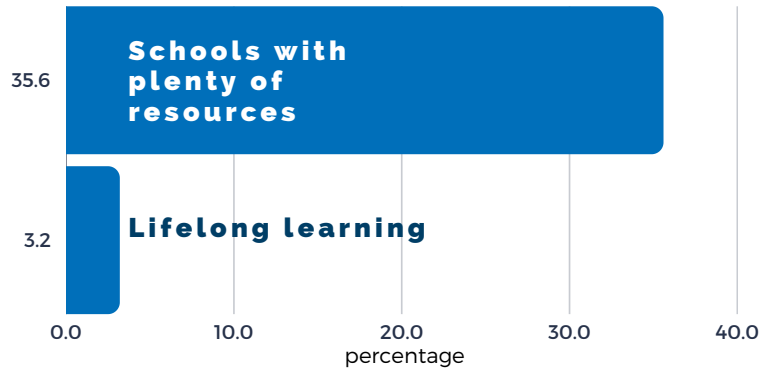1 respondent **does not** perform Communication and Education.

QUESTIONS?

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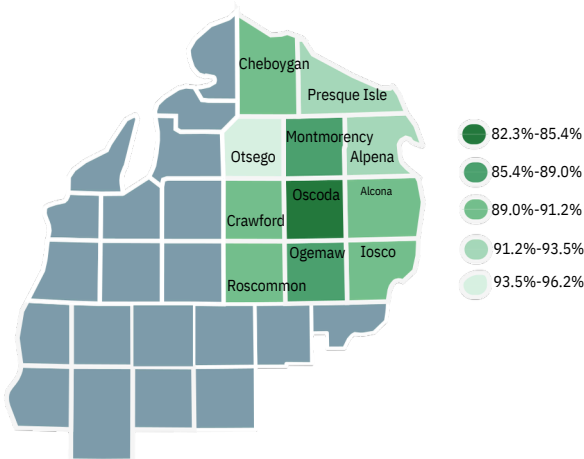
MOST IMPORTANT FACTORS

Responses to "In the following list, which five assets do you think are the most important factors for a community to be considered thriving?" (n=1244)
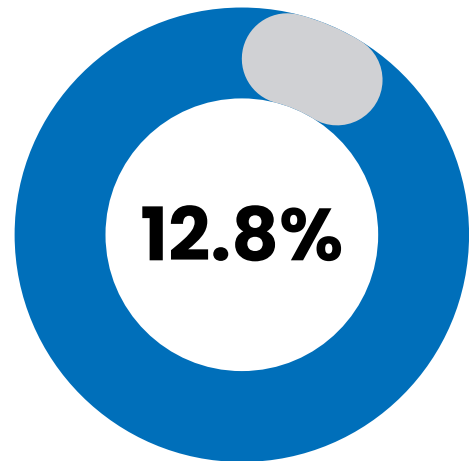
Schools with plenty of resources — 35.6

Lifelong learning — 3.2

percentage

MOST IMPORTANT CONCERNS

Responses to "In the following list, what are the three most important concerns within your community that should be addressed?" (n=1244)
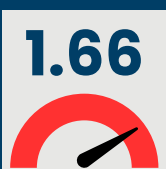
Lack of good schools and education — 3.8

percentage

PEOPLE 25+ WITH HIGH SCHOOL DIPLOMA OR HIGHER

Cheboygan
Presque Isle
Montmorency
Otsego   Alpena
Oscoda   Alcona
Crawford
Ogemaw   Iosco
Roscommon

- 82.3%-85.4%
- 85.4%-89.0%
- 89.0%-91.2%
- 91.2%-93.5%
- 93.5%-96.2%

Data Source: American Community Survey 5-year (2018-2022)

12.8%

Response to "From the list below, which resources or services are missing in your community that would benefit you?" 12.8% responded "Education." (n=1244)

1.66

TOPIC SCORE & BLURB SPACE

On a scale of 0 to 3, topics with a score of 0 displays lower prioritized issues and a score of 3 displays higher prioritized issues.
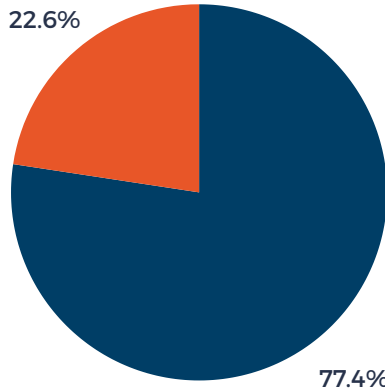This is compared to NCCHIR: 1.62 | NWCHIR: 1.26

Housing

MITHRIVE REGIONAL ISSUE BRIEF

Safe and affordable housing promotes physical and mental health, while inadequate housing can contribute to chronic diseases, injuries, and poor childhood development outcomes.
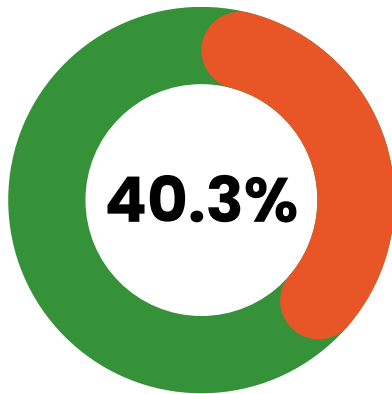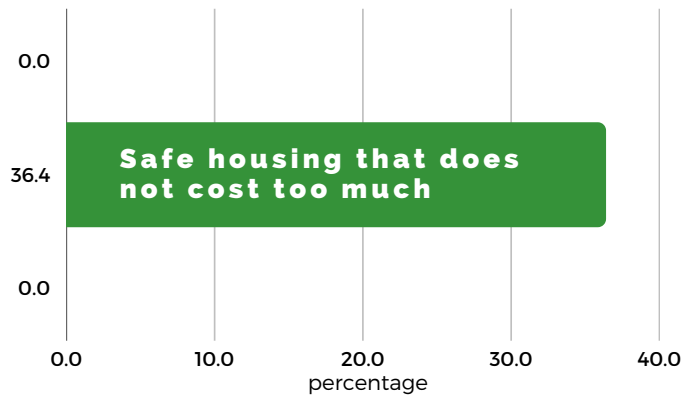
22.6%

77.4%

ENGAGEMENT

24 (77.4%) agencies have actively engaged with housing more than once in the last year.

MOST IMPORTANT FACTORS

Responses to "In the following list, which five assets do you think are the most important factors for a community to be considered thriving?" (n=1244)

0.0

36.4   **Safe housing that does not cost too much**

0.0

percentage

40.3%

MISSING RESOURCES

Response to "From the list below, which resources or services are missing in your community that would benefit you?" 40.3% responded "Housing." (n=1244)

MOST IMPORTANT FACTORS

Responses to "Which of the following factors do you experience that make it harder for you to use health care services?" (n=1244)

31.3   **Not enough available resources for housing**

26.0   **Lack of housing that is safe and doesn't cost too much**

percentage

QUESTIONS?

Questions about this report can be emailed to mithrive@northernmichiganchir.org.

NORTHEAST COMMUNITY HEALTH INNOVATION REGION

mithrive

POSSIBLE HOUSING

"Old Chief shoppnogons hotel, could be used for housing but there hasn't been anything done with it since the 90's."

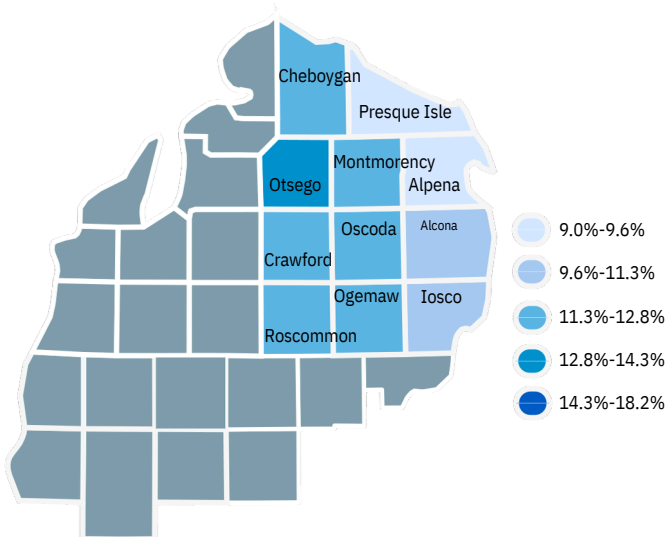## HOUSING STATEMENTS

Responses to "Please indicate how strongly you agree or disagree with each of the following statements." (n=1244)
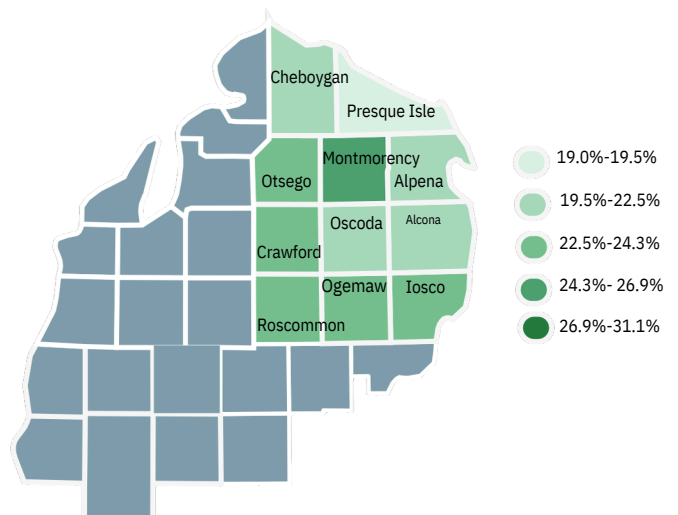
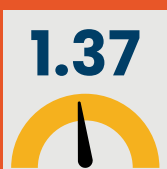| Statement	Strongly Agree	Agree	Disagree	Strongly Disagree	I Don't Know
There is enough housing available in my community that doesn't cost too much.	1.6%	8.0%	39.3%	45.4%	5.6%
There are housing support services available for older adults in my community.	4.1%	45.7%	25.5%	11.7%	12.9%

SEVERE HOUSING PROBLEMS

- 9.0%-9.6%
- 9.6%-11.3%
- 11.3%-12.8%
- 12.8%-14.3%
- 14.3%-18.2%

Data Source: County Health Rankings (2016-2020)

FAMILIES WITH HIGH HOUSING-COST BURDEN

- 19.0%-19.5%
- 19.5%-22.5%
- 22.5%-24.3%
- 24.3%-26.9%
- 26.9%-31.1%

Data Source: The Annie E. Casey Foundation Kids Count (2018-2022)

1.37

TOPIC SCORE & BLURB SPACE

On a scale of 0 to 3, topics with a score of 0 displays lower prioritized issues and a score of 3 displays higher prioritized issues.
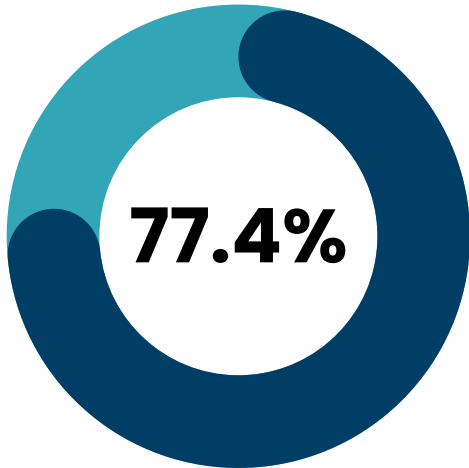This is compared to NCCHIR: 1.38 | NWCHIR: 1.27

Mental Health

MITHRIVE REGIONAL ISSUE BRIEF

Mental health is critical to overall well-being and quality of life, and poor mental health increases vulnerability to chronic diseases and reduces life satisfaction.
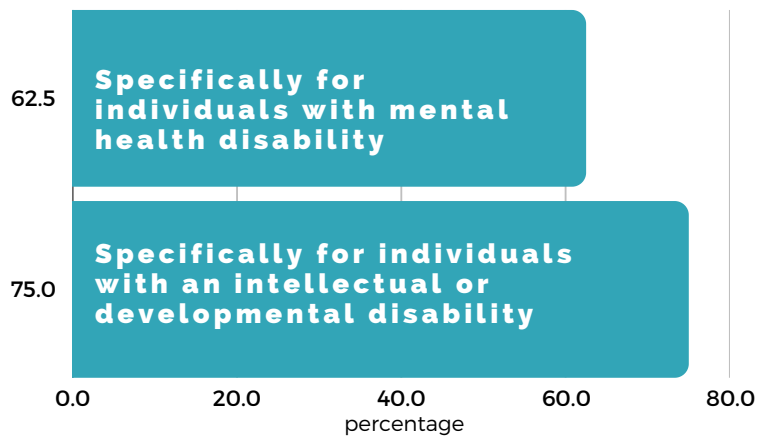
77.4%

ENGAGED IN BEHAVIORAL WORK

24 (77.4%) agencies have actively worked on mental or behavioral health (e.g., PTSD, anxiety, trauma) in the past year.
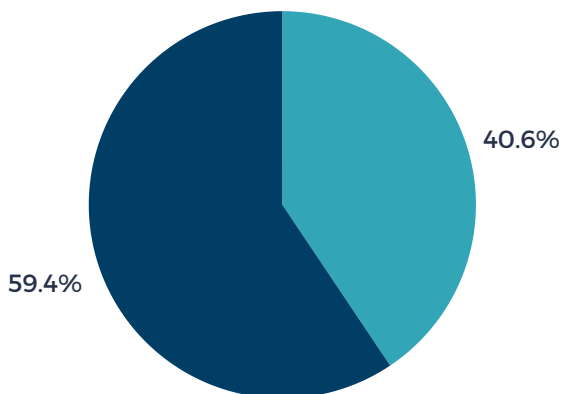
SERVICES PROVIDED

62.5% of agencies indicated that they provide services specifically for individuals with a mental health disability. 75% of agencies indicated that they provide services specifically for individuals with an intellectual or developmental disability.

62.5 Specifically for individuals with mental health disability

75.0 Specifically for individuals with an intellectual or developmental disability

0.0   20.0   40.0   60.0   80.0
percentage

SERVICES PROVIDED

13 (40.6%) agencies actively engaged with disability/independent living more than once in the last year.

40.6%

59.4%

COMMUNITY GROUP

"My coffee group in Alcona Coffee Company."
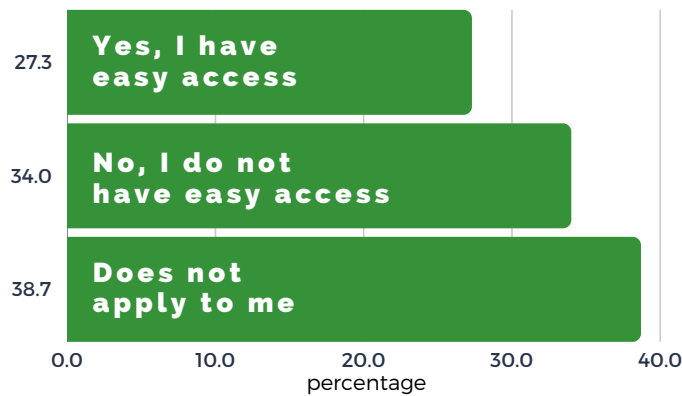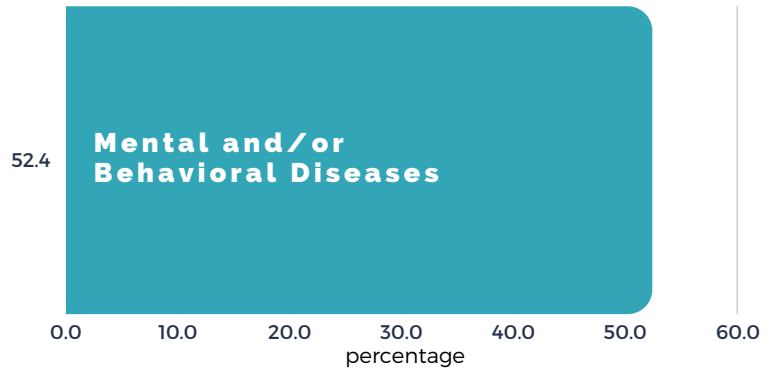
NORTHEAST COMMUNITY HEALTH INNOVATION REGION
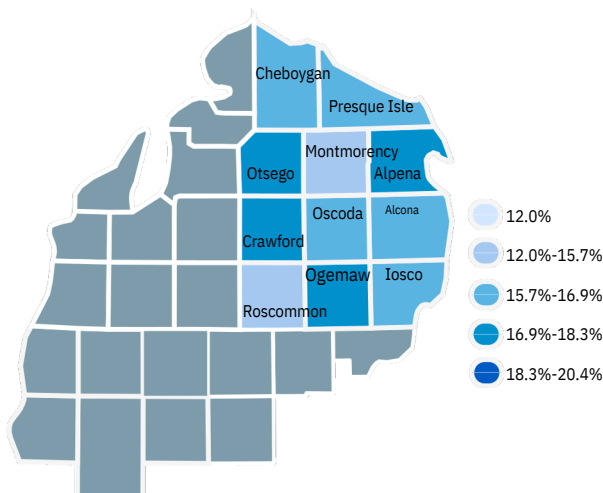
*mi*thrive

MOST CONCERNING MEDICAL CONDITION

Responses to "In the following list, what do you think are the three most concerning medical conditions impacting your community? " (n=1244)

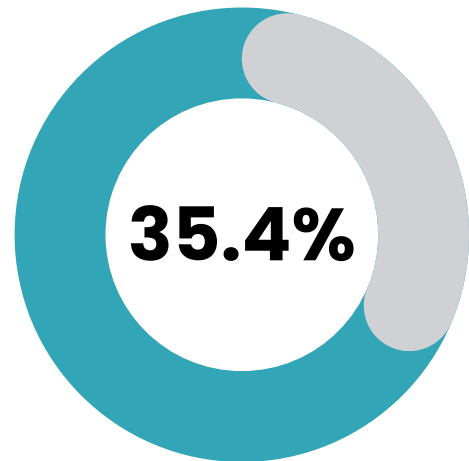**Mental and/or Behavioral Diseases** — 52.4

percentage (0.0 – 60.0)

MOST IMPORTANT MENTAL HEALTH CONCERNS

Responses to "Please indicate whether you think you have easy access (or the ability to find and receive services) to each of the following." (n=1244)
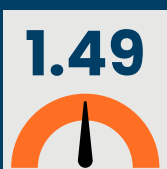
Yes, I have easy access — 27.3
No, I do not have easy access — 34.0
Does not apply to me — 38.7

percentage (0.0 – 40.0)

POOR MENTAL HEALTH: 14+ DAYS

Cheboygan
Presque Isle
Montmorency
Otsego
Alpena
Oscoda
Alcona
Crawford
Ogemaw
Iosco
Roscommon

- 12.0%
- 12.0%-15.7%
- 15.7%-16.9%
- 16.9%-18.3%
- 18.3%-20.4%

Data Source: CDC Places (2022)

35.4%

"From the list below, which resources or services are missing in your community that would benefit you?" 35.4% responded "Mental Health." (n=1244)

TOPIC SCORE & BLURB SPACE

1.49

On a scale of 0 to 3, topics with a score of 0 displays lower prioritized issues and a score of 3 displays higher prioritized issues.
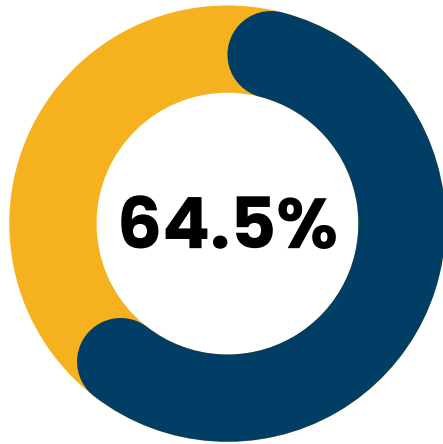This is compared to NCCHIR: 1.69 | NWCHIR: 1.38

Obesity

MITHRIVE REGIONAL ISSUE BRIEF

Obesity, influenced by genetics, behavior, and environmental factors, leads to a range of health issues, including mental health challenges and chronic conditions like diabetes and heart disease.

64.5%

ACTIVELY WORKED

20 (64.7%) agencies have actively worked on chronic disease (e.g., asthma, diabetes/obesity, cardiovascular disease) in the past year.
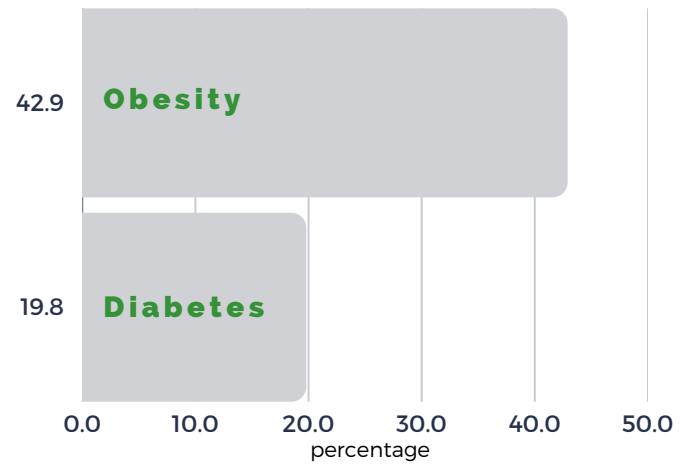
MOST IMPORTANT FACTORS

Responses to "In the following list, what do you think are the three most concerning medical conditions impacting your community?" (n=1244)

| | Obesity | 42.9 |
| | Diabetes | 19.8 |

percentage: 0.0 10.0 20.0 30.0 40.0 50.0

MET GUIDELINES FOR CHRONIC DISEASE PREVENTION

Responses to "The following statements describe a person who meets the guidelines for chronic disease prevention. For each statement, please indicate whether you think YOU, in a typical week, have met the guidelines for chronic disease prevention." (n=1244)

Guideline	Exceeded Expectations	Met Expectations	Did Not Meet Expectations
Eat 1.5-2 cups of fruits per day and 2-3 cups of vegetables per day	8.9%	42.7%	48.4%
At least 150 minutes of physical activity a week (ex. 30 minutes a day for 5 days a week)	17.5%	40.6%	41.9%
Sleep at least 7 hours each night	13.7%	52.8%	33.6%
Free from daily stress and depression	7.5%	40.9%	51.6%
Receive routine screenings every year (annual physical, etc.)	27.9%	61.2%	10.9%
Have good overall health	16.0%	68.4%	15.6%

QUESTIONS?

Questions about this report can be emailed to mithrive@northernmichiganchir.org.
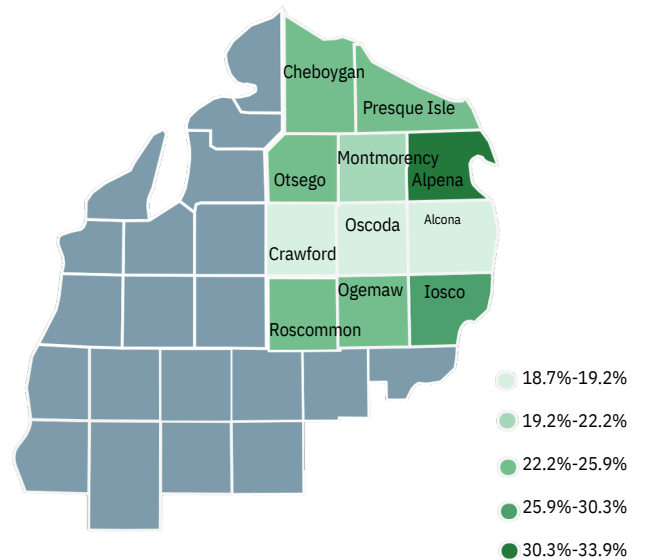
WINTER TRIATHLON

"I operate a winter triathlon in Gaylord Michigan. This keeps people active all winter when normal summer triathlons are over. People get to enjoy what winter has to offer." "Location! Gaylord is an all seasons place and the people come back year after year to be part of something unique and special. The trails and snow and water and forests we have make it an ideal location."
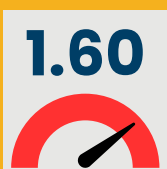

SILVERSNEAKERS

"SilverSneakers, a community fitness program which are senior-focused classes held at the CRAF center in Roscommon. Physical activity and exercise can help seniors stay health and independent, while providing connections with other through classes, social events and social media. SilverSneakers is a free or low cost fitness program for older adults that offers access to fitness centers, online classes and on demand videos."

ADULTS 20+ WHO ARE OBESE

Legend:
- 18.7%-19.2%
- 19.2%-22.2%
- 22.2%-25.9%
- 25.9%-30.3%
- 30.3%-33.9%

Counties labeled: Cheboygan, Presque Isle, Otsego, Montmorency, Alpena, Crawford, Oscoda, Alcona, Roscommon, Ogemaw, Iosco

Data Source: Centers for Disease Control and Prevention (2021)

TOPIC SCORE & BLURB SPACE

1.60

On a scale of 0 to 3, topics with a score of 0 displays lower prioritized issues and a score of 3 displays higher prioritized issues.
This is compared to NCCHIR: 1.60 | NWCHIR: 1.31

Safety & Wellbeing

MITHRIVE REGIONAL ISSUE BRIEF

Exposure to violence, abuse, and neglect can have lifelong detrimental effects on physical, emotional, and social health, often resulting in chronic health problems and trauma.
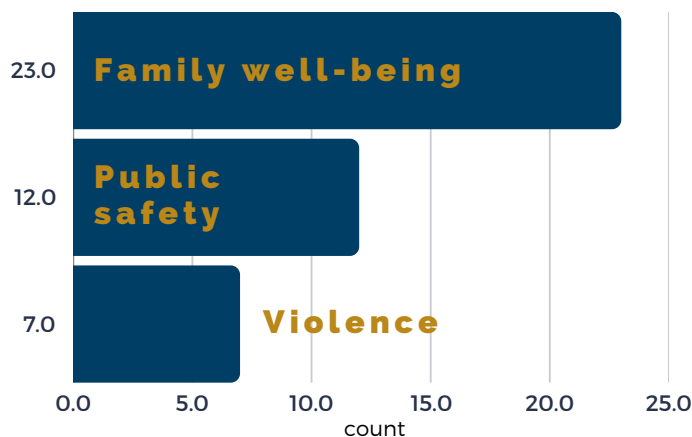

FOCUS ON SAFETY & WELLBEING

17 (53.1%) agencies focus a lot on Neighborhood and Built Environment. 10 (31.3%) agencies focus a lot on Social and Community Context.

ENGAGEMENT

23 (71.9%) agencies actively engage family well-being with more than once in the last year.
12 (37.5%) agencies actively engage with public safety/violence more than once in the last year.
7 (21.9%) agencies actively engage with violence more than once in the last year.

ROSCOMMON COMMUNITY GARDEN

"The Roscommon Community Garden located at 108 S. Main St, Roscommon, provides free produce to the community as well as plots for interested gardeners to rent. We also offer programs for kids on the weekends."

65.6%
21 agencies currently conduct assessments of living and working conditions and community needs and assets.

43.8%
14 agencies currently perform Investigation of Hazards.

37.5%
12 agencies currently perform legal and regulatory actions to improve and protect the public's health and well-being.
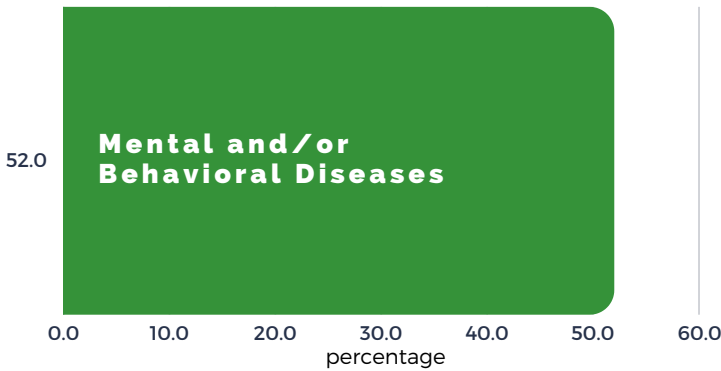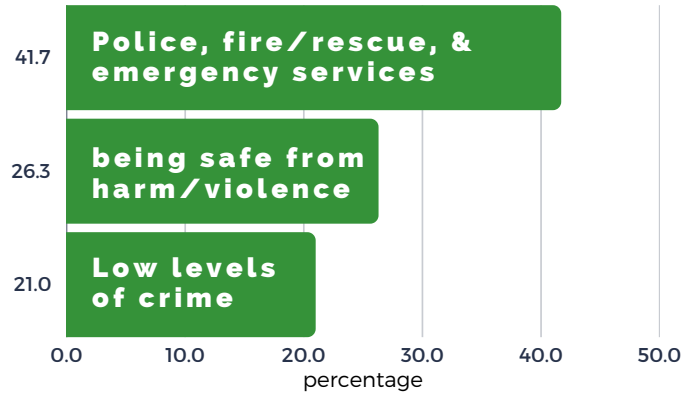
QUESTIONS?

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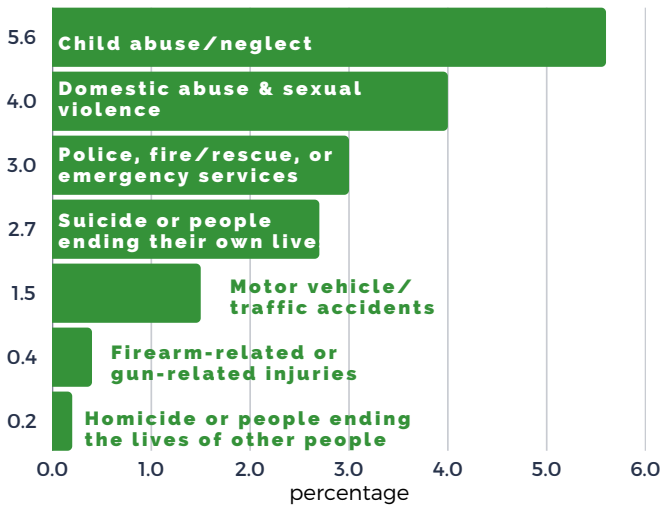
MOST IMPORTANT FOR THRIVING

Responses to "In the following list, which five assets do you think are the most important factors for a community to be considered thriving?" (n=1244)

Asset	percentage
Police, fire/rescue, & emergency services	41.7
being safe from harm/violence	26.3
Low levels of crime	21.0

MOST CONCERNING MEDICAL CONDITION
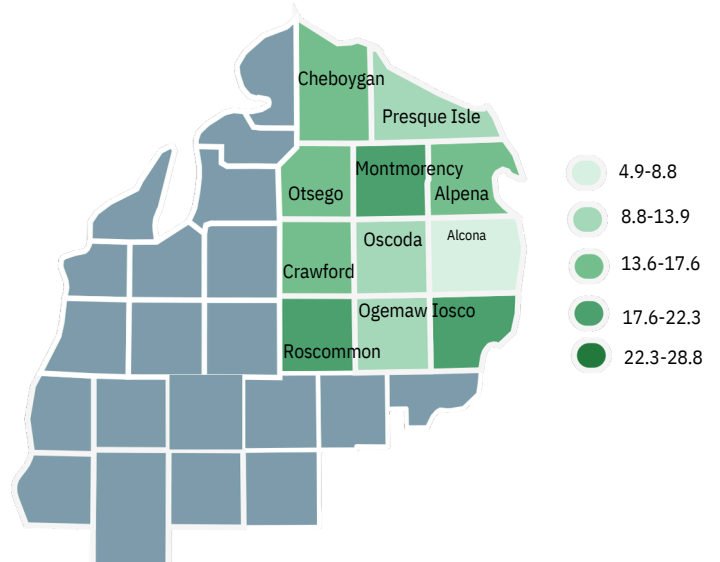
Responses to "In the following list, what do you think are the three most concerning medical conditions impacting your community? " (n=1244)

	percentage
Mental and/or Behavioral Diseases	52.0

SAFETY & WELLBEING CONCERNS

Concern	percentage
Child abuse/neglect	5.6
Domestic abuse & sexual violence	4.0
Police, fire/rescue, or emergency services	3.0
Suicide or people ending their own live	2.7
Motor vehicle/ traffic accidents	1.5
Firearm-related or gun-related injuries	0.4
Homicide or people ending the lives of other people	0.2

Responses to "In the following list, what are the three most important concerns within your community that should be addressed?" n=1244)

CHILD ABUSE RATES (CASES PER 1,000 CHILDREN)

Cheboygan
Presque Isle
Montmorency
Otsego
Alpena
Oscoda
Alcona
Crawford
Ogemaw
Iosco
Roscommon

- 4.9-8.8
- 8.8-13.9
- 13.6-17.6
- 17.6-22.3
- 22.3-28.8

Data Source: The Annie E. Casey Foundation Kids Count (2023)

1.69

TOPIC SCORE & BLURB SPACE

On a scale of 0 to 3, topics with a score of 0 displays lower prioritized issues and a score of 3 displays higher prioritized issues.
This is compared to NCCHIR: 1.71 | NWCHIR: 1.57