"I feel we get to make a difference in people's lives by treating them, whatever their disorder is..."

No one wakes up in the morning and says 'I hope to be an addict today" Rob Poehl, PA-C

> For Rob's video and recovery resources scan









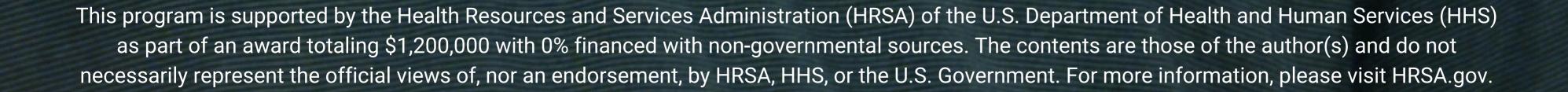
"It was very isolated and dark when I was in my addiction, just really up in my head, very isolated from the people around me, from my friends,

## family." Steven Johnson

For Steven's video and recovery resources scan









"...if you want to have a different result, you have to do different things." Kim Cain, Have Mercy



## Director

For Kim's video and recovery resources scan





"My addiction to alcohol started in 8th or 9th grade...by the time I got into high school I was drinking to blackout..." Heidi Woldhuis

"I just didn't have the tools, I felt, to deal with the trauma that had happened." Robert Woldhuis







### For Heidi and Robert's video and

recovery resources scan



"If I can say anything to someone that is still stuck in addiction I would say 'Never give up....know that you



CMREN

are worth it..." Josh Guernsey, In-Recovery

For Josh's video and recovery resources scan



"The sooner we embrace the understanding about what this disease does, the more likely we are to be likely to



CMREN

# restore our communities." Kate Behrenwald, PA-C

For Kate's video and recovery resources scan







## Paula Beilfuss, Lori Shears, and Carol Pierce

Three women deeply involved in their Michigan communities, discuss their lives, experiences, and the importance of community support in addressing substance use disorders. Together, they advocate for increased community awareness, understanding, and support systems to address substance For the video and recovery use disorders effectively, resources scan high-lighting the power of collective offer and

### compassion.



